

Infections liées aux cathéters
Moyens diagnostiques et nouvelles
possibilités thérapeutiques ?

Eric Lerebours

Rouen

Les données du problème

Organism	Frequency	Attempt line sterilization +	Success rate of line sterilization
Staph.coag.neg	30-40%	Yes	>85%
Staph.coag.pos	15-20%	Rarely	50% but risks acute endocarditis
Gram neg bact.	30-40%	Yes	50%
Fungi	6-9%	No	Risks metastatic spread. Rarely cleared
Polymicrobial	12%	No	Rarely cleared

Infections liées aux cathéters

« de longue durée »

- Moyens diagnostiques
- Possibilités thérapeutiques
 - Prévention
 - Traitement curatif
 - Prévention de la récurrence

Infections liées aux cathéters « de longue durée »

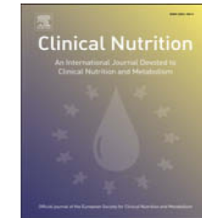
- Moyens diagnostiques
- Nouvelles possibilités thérapeutiques
 - Prévention
 - Traitement curatif
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Clinical Nutrition

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ESPEN Guidelines on Parenteral Nutrition: Central Venous Catheters (access, care, diagnosis and therapy of complications)

Mauro Pittiruti^a, Helen Hamilton^b, Roberto Biffi^c, John MacFie^d, Marek Pertkiewicz^e

7. Which is the best method for diagnosis of CRBSI?

Diagnosis of CRBSI is best achieved (a) by quantitative or semi-quantitative culture of the catheter (when the CVC is removed or exchanged over a guide wire), or (b) by paired quantitative blood cultures or paired qualitative blood cultures from a peripheral vein and from the catheter, with continuously monitoring of the differential time to positivity (if the catheter is left in place) (Grade A).

Diagnostic microbiologique : quelle méthode ?

- Ablation du cathéter
 - Même germe sur hémoculture et extrémité du cathéter
- Cathéter en place
 - Paire d'hémocultures : V.V.C et périphérie
 - Hémocultures quantitatives
 - Ratio V.V.C / périphérie ≥ 3
 - Différentiel de temps de pousse
 - Différentiel V.V.C / Périphérie $\geq 2h$
 - Hémoculture quantitative sur la V.V.C ?
 - Seuil > 100 CFU/ml.
 - I.L.V.C.C ou bactériémie massive ?

Diagnostic microbiologique : quelle méthode ?

V.V.C. en place

	Diagnostic criteria	Accuracy		Disadvantages
		Sensitivity	Specificity	
Techniques without CVC removal				
<u>Simultaneous quantitative blood cultures</u>	Quantitative blood culture drawn through CVC yields CFU count five-fold higher or more than CFU count from simultaneously drawn blood from peripheral vein	93% ²²	97-100% ²²	Labour intensive, costly
<u>Differential time to positivity</u>	Blood culture drawn from CVC becomes positive ≥ 2 h before simultaneously drawn blood culture from peripheral vein	89-90% ²²	72-87% ²²	Hard to interpret when patient is taking antibiotics through the CVC
<u>CVC-drawn quantitative blood culture</u>	Quantitative blood culture from CVC is ≥ 100 CFU/mL	81-86% ²²	85-96% ²²	Cannot differentiate between CRBSI and high-grade bacteraemia

Paires d'hémocultures

Les limites et les difficultés

- Impossibilité d'accès à la V.V.C ou à une veine périphérique
 - Pas de retour veineux
 - Réticences pour prélever en périphérie
- Limites techniques
 - Hémocultures quantitatives difficiles à réaliser en pratique
 - Calcul du différentiel de temps de pousse pas toujours disponible
 - Contraintes pour le délai de réalisation et d'envoi. Marquage des flacons...
 - Définition des seuils +++
 - Hémocultures quantitatives : ratios variant de 3 à 10 selon les équipes
 - Prélèvements avant toute antibiothérapie +++
- Résultats plus difficiles à interpréter
 - V.V.C + et périphérie – \Rightarrow I.L.V.C.C probable ??? Contamination ?
 - V.V.C + seule disponible \Rightarrow Idem
 - V.V.C – et périphérie + \Rightarrow I.L.V.C.C peu probable

Traitement des infections liées à la voie veineuse centrale

- Prévention primaire
- Traitement de l'infection
- Prévention de la récurrence

Traitement des infections liées à la voie veineuse centrale

- Prévention primaire
- **Traitement de l'infection**
- Prévention de la récurrence

Traitement de l'infection liée à la V.V.C. La 1ère question à se poser

- *Remove or not remove, that is the question* !*



** Enlever ou ne pas enlever la voie veineuse centrale, là est la question !*

William Shakespeare. Hamlet 1603

Ablation de la voie veineuse

Ablation première

- suppuration tunnel ou abcès sur CIP
- sepsis sévère
- thrombophlébite suppurée
- endocardite
- *candida*
- *staphylococcus aureus* ?
- bacille gram négatif ?

Ablation secondaire

- absence d'amélioration à J3
- survenue d'une complication



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9. Which is the best method for the management of CRBSI in long-term central venous access devices?

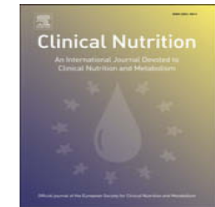
Removal of the long-term venous access device is required in case of (a) tunnel infection or port abscess, (b) clinical signs of septic shock, (c) paired blood cultures positive for fungi or highly virulent bacteria, and/or (d) complicated infection (e.g., evidence of endocarditis, septic thrombosis, or other metastatic infections). In other cases, an attempt to save the device may be tried, using the antibiotic lock technique (Grade B).



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long-term device should be removed (Grade B). For salvage of the device in patients with uncomplicated infections, antibiotic lock therapy⁵⁸ should be used for 2 weeks with standard systemic therapy for treatment of catheter-related bacteremia due to *S. aureus*, coagulase-negative staphylococci, and gram-negative bacilli for suspected intraluminal infection, in the absence of tunnel or pocket infection (Grade B)

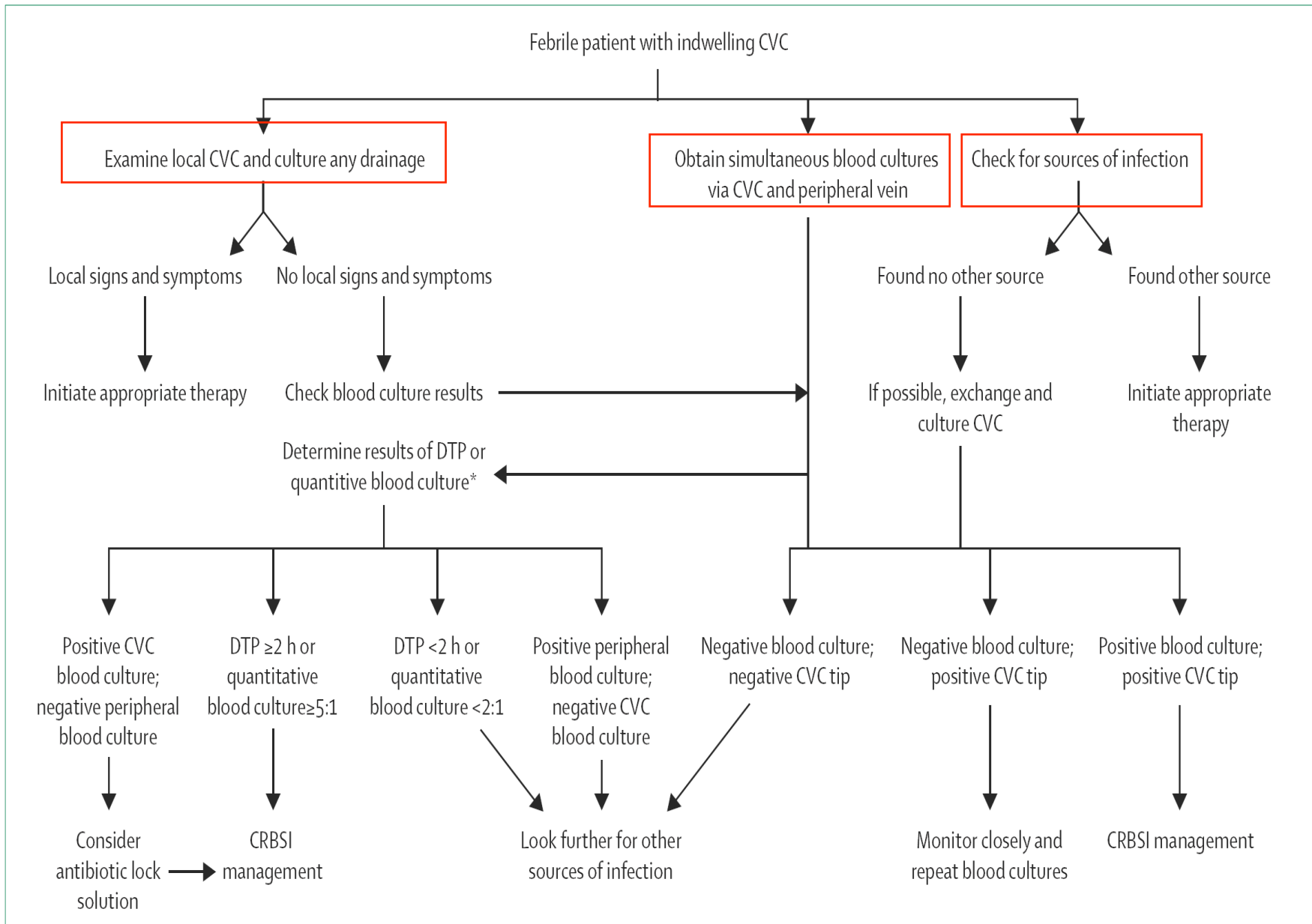


Figure 2: Diagnosis of acute febrile episode in a patient with central venous catheter

CVC=central venous catheter. DTP=differential time to positivity. *A blood culture is considered positive if the ratio of colony forming units growing from simultaneously drawn central and peripheral blood is $\geq 5:1$ or the DTP is ≥ 2 h (central blood culture turns positive before simultaneously drawn peripheral blood culture).

```
graph TD; A[Examine local CVC and culture any drainage] --> B[Local signs and symptoms]; A --> C[No local signs and symptoms]; B --> D[Initiate appropriate therapy]; C --> E[Check blood culture results]; E --> F[Determine results of DTP or quantitative blood culture*]; F --> A;
```

Examine local CVC and culture any drainage

Local signs and symptoms

No local signs and symptoms

Initiate appropriate therapy

Check blood culture results

Determine results of DTP or
quantitative blood culture*

Febrile patient with indwelling CVC

Obtain simultaneous blood cultures
via CVC and peripheral vein

Check for sources of infection

Found no other source

Found other source

If possible, exchange and
culture CVC

Initiate appropriate
therapy

Determine results of DTP or
quantitative blood culture*

Positive CVC
blood culture;
negative peripheral
blood culture

Consider
antibiotic lock
solution

DTP ≥ 2 h or
quantitative
blood culture $\geq 5:1$

CRBSI
management

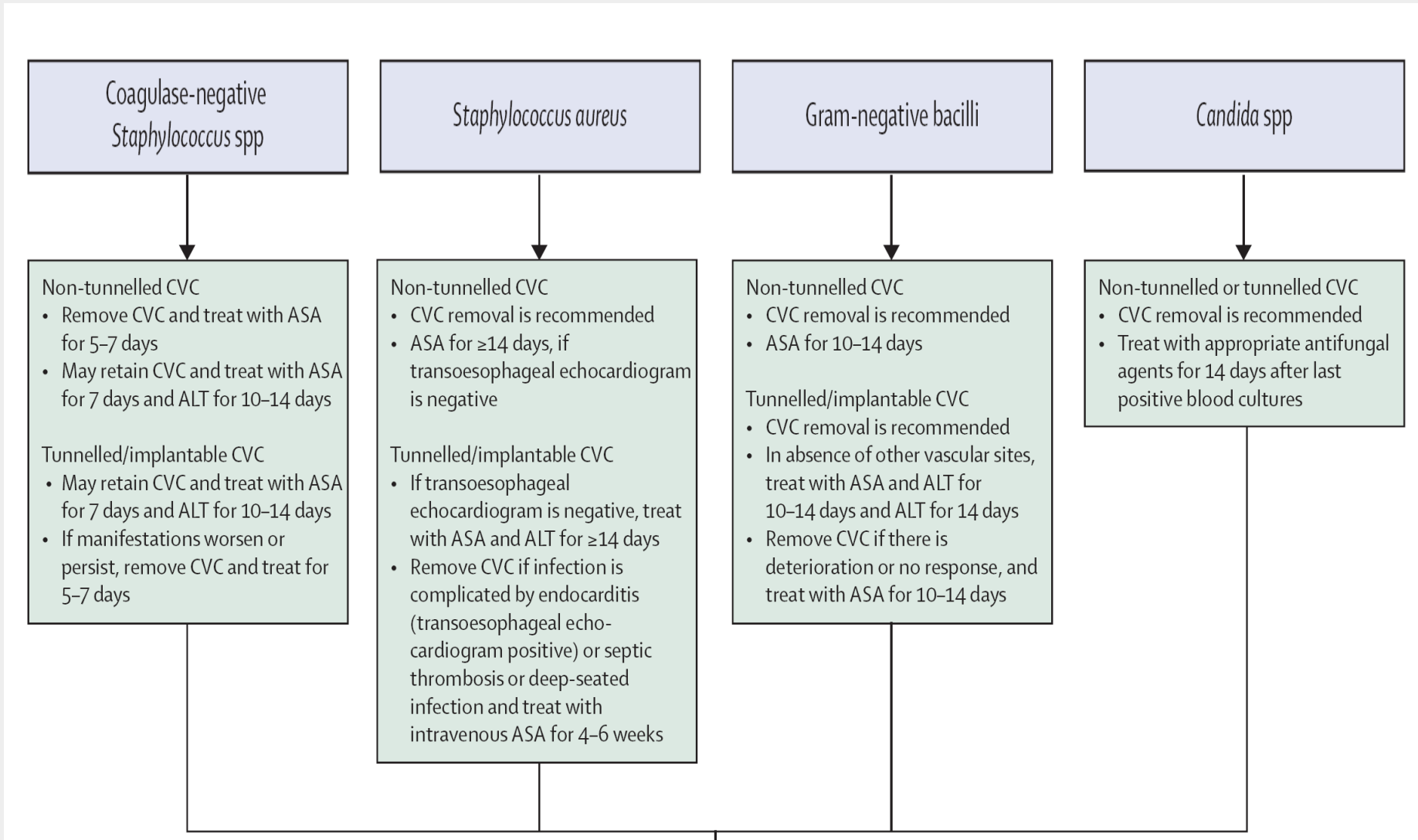
DTP < 2 h or
quantitative
blood culture $< 2:1$

Positive peripheral
blood culture;
negative CVC
blood culture

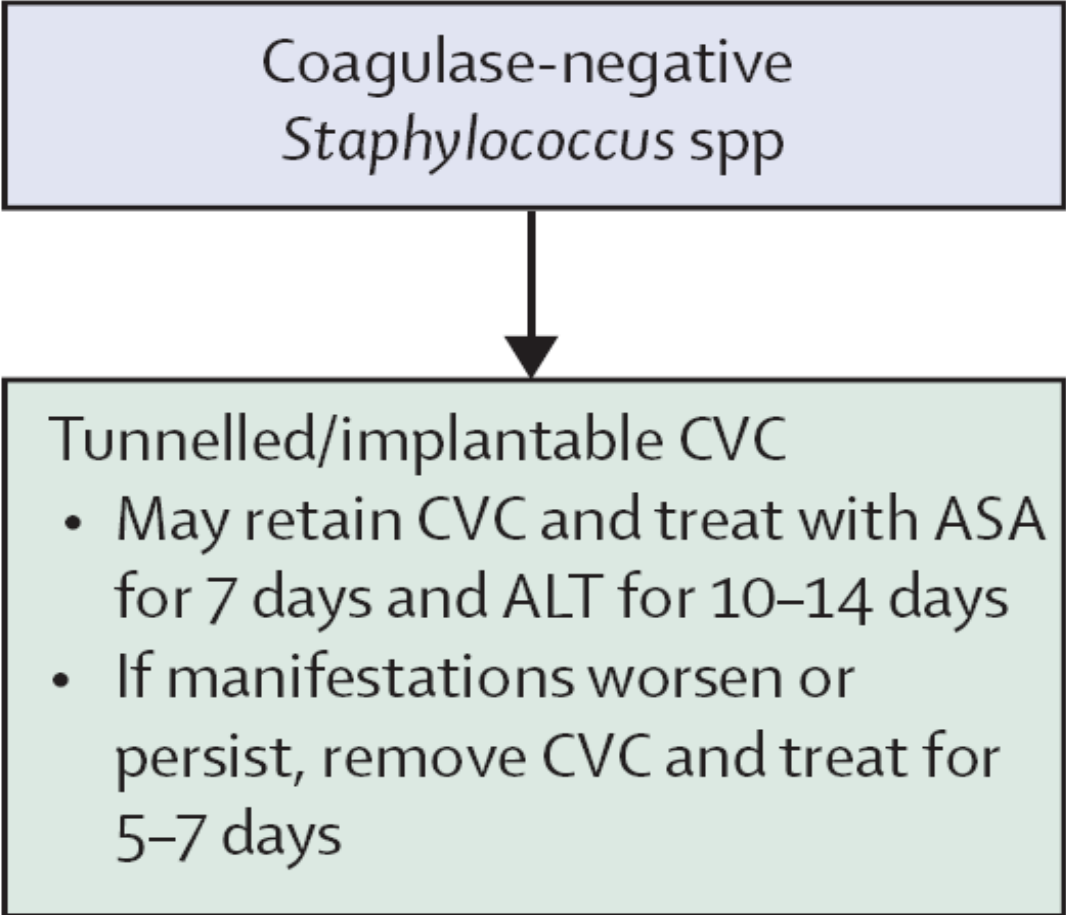
Look further for other
sources of infection



Traitement de l'infection liée à la V.V.C



Coagulase-negative
Staphylococcus spp



```
graph TD; A[Coagulase-negative Staphylococcus spp] --> B[Tunnelled/implantable CVC<br/>• May retain CVC and treat with ASA for 7 days and ALT for 10-14 days<br/>• If manifestations worsen or persist, remove CVC and treat for 5-7 days];
```

Tunnelled/implantable CVC

- May retain CVC and treat with ASA for 7 days and ALT for 10-14 days
- If manifestations worsen or persist, remove CVC and treat for 5-7 days

Question : si la V.V.C est enlevée, le traitement A.B est-il indispensable ?

. CVC=central venous catheter. ASA=appropriate systemic antibiotic. ALT=antibiotic lock therapy.

Staphylococcus aureus



Tunnelled/implantable CVC

- If transoesophageal echocardiogram is negative, treat with ASA and ALT for ≥ 14 days
- Remove CVC if infection is complicated by endocarditis (transoesophageal echocardiogram positive) or septic thrombosis or deep-seated infection and treat with intravenous ASA for 4–6 weeks

Ablation de la V.V.C.

Traitement 4 à 6 sem

Traitement plus court > 2sem

- malade non diabétique
- V.V.C enlevée
- Absence de matériel
- Pas de thrombophlébite
- Echo cardiaque normale
- Pas de métastase septique
- Pas de fièvre et Hémocultures
- Négatives à J3

Questions : - une échocardiographie doit-elle être réalisée systématiquement ?
- ablation systématique de la V.V.C ?
- durée du traitement AB

. CVC=central venous catheter. ASA=appropriate systemic antibiotic. ALT=antibiotic lock therapy.

Clinical Practice Guidelines for the Diagnosis and Management of Intravascular Catheter-Related Infection: 2009 Update by the Infectious Diseases Society of America

Leonard A. Mermel,¹ Michael Allon,² Emilio Bouza,⁹ Donald E. Craven,³ Patricia Flynn,⁴ Naomi P. O'Grady,⁵ Issam I. Raad,⁶ Bart J. A. Rijnders,¹⁰ Robert J. Sherertz,⁷ and David K. Warren⁸

¹Division of Infectious Diseases, Warren Alpert Medical School of Brown University, Providence, Rhode Island; ²University of Alabama-Birmingham Hospital, Birmingham, Alabama; ³Tufts University School of Medicine, Lahey Clinic Medical Center, Burlington, Massachusetts; ⁴St. Jude Children's Research Hospital, Children's Infection Defense Center, Memphis, Tennessee; ⁵National Institutes of Health, Critical Care Medicine

71. Catheter removal is recommended for CRBSI due to *S. aureus* and *Candida* species, instead of treatment with antibiotic lock and catheter retention, unless there are unusual extenuating circumstances (e.g., no alternative catheter insertion site) (A-II).



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Gram-negative bacilli

Tunnelled/implantable CVC

- CVC removal is recommended
- In absence of other vascular sites, treat with ASA and ALT for 10–14 days and ALT for 14 days
- Remove CVC if there is deterioration or no response, and treat with ASA for 10–14 days

Question : ablation systématique de la V.V.C ?

. CVC=central venous catheter. ASA=appropriate systemic antibiotic. ALT=antibiotic lock therapy.

Candida spp



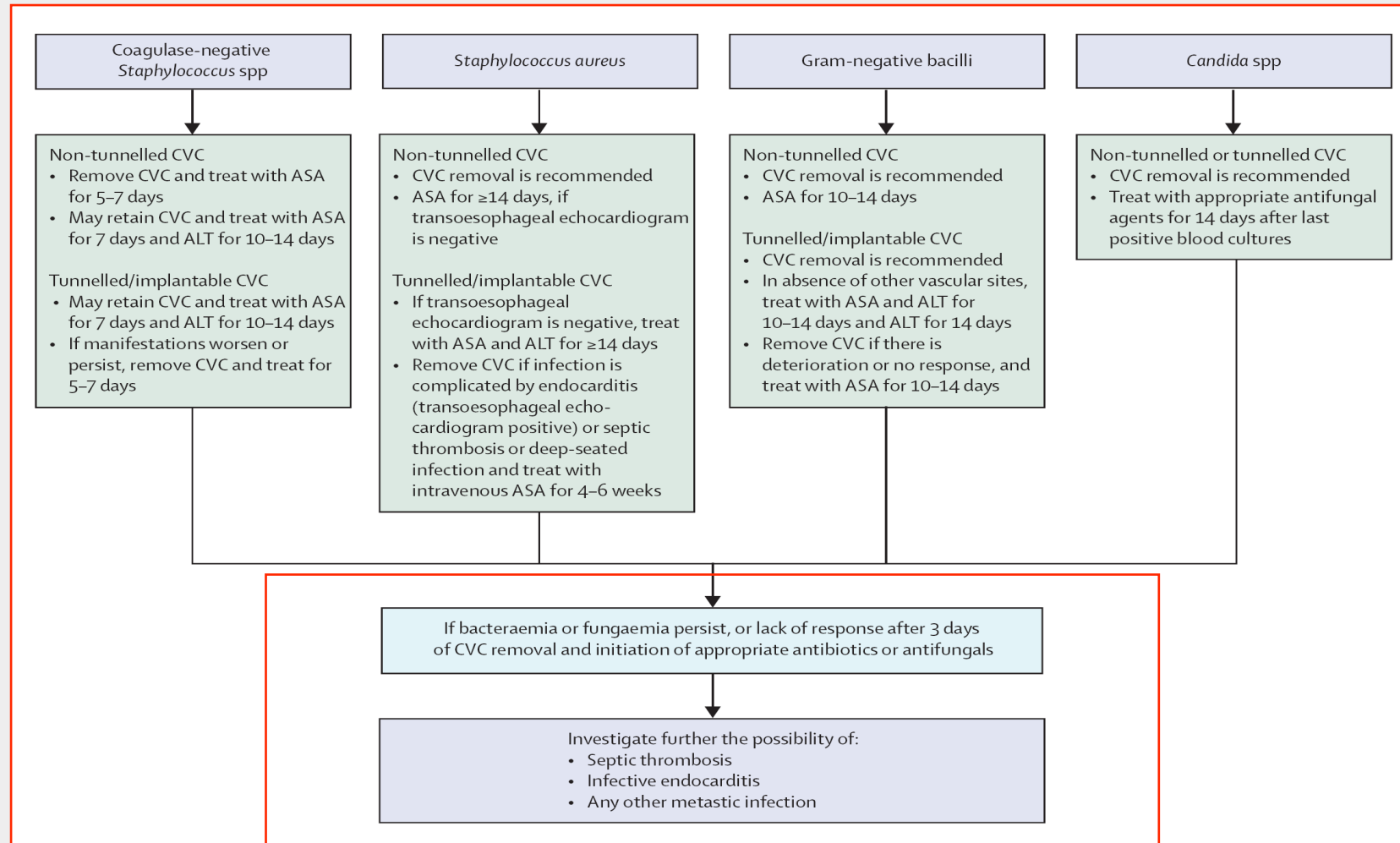
Non-tunnelled or tunnelled CVC

- CVC removal is recommended
- Treat with appropriate antifungal agents for 14 days after last positive blood cultures

. CVC=central venous catheter. ASA=appropriate systemic antibiotic. ALT=antibiotic lock therapy.

Traitement de l'infection liée à la V.V.C

Fonction du germe responsable



Antibiothérapie probabiliste

- Vancomycine en 1ère intention
- Couverture des bacilles Gram –
 - Ecologie microbienne locale
 - Sévérité de l'infection
- Couverture de BGN multi-résistants
 - Patient neutropénique
 - Colonisation connue par B.M.R, *P. aeruginosa*
 - Sepsis sévère
- Couverture des infections fongiques
 - Facteurs de risque : ABthérapie prolongée, transplantation, colonisation multiple par *Candida*

Le verrou antibiotique *

Table 9. Final concentrations of antibiotic lock solutions used for the treatment of catheter-related bloodstream infection.

Antibiotic and dosage	Heparin or saline, IU/mL	Reference(s)
Vancomycin, 2.5 mg/mL	2500 or 5000	[100, 275]
Vancomycin, 2.0 mg/mL	10	[275]
Vancomycin, 5.0 mg/mL ^a	0 or 5000	[276, 277]
Ceftazidime, 0.5 mg/mL	100	[123]
Cefazolin, 5.0 mg/mL	2500 or 5000	[100, 277]
Ciprofloxacin, 0.2 mg/mL ^b	5000	[130]
Gentamicin, 1.0 mg/mL	2500	[100]
Ampicillin, 10.0 mg/mL	10 or 5000	[275]
Ethanol, 70% ^c Non recommandé	0	[131]

* Jamais seul, durée ≈14j, changé tous les 24h

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74. At this time, there are insufficient data to recommend an ethanol lock for the treatment of CRBSI (C-III).

Traitements de l'infections liées à la voie veineuse centrale

- Prévention primaire
- Traitement de l'infection
- **Prévention de la récurrence**

Prévention de la récurrence de l'infection liée aux DIVLD

- les mesures générales d'hygiène et d'aseptie
- le verrou antibiotique prophylactique : sélection...
- le verrou éthanol
- le verrou taurolidine

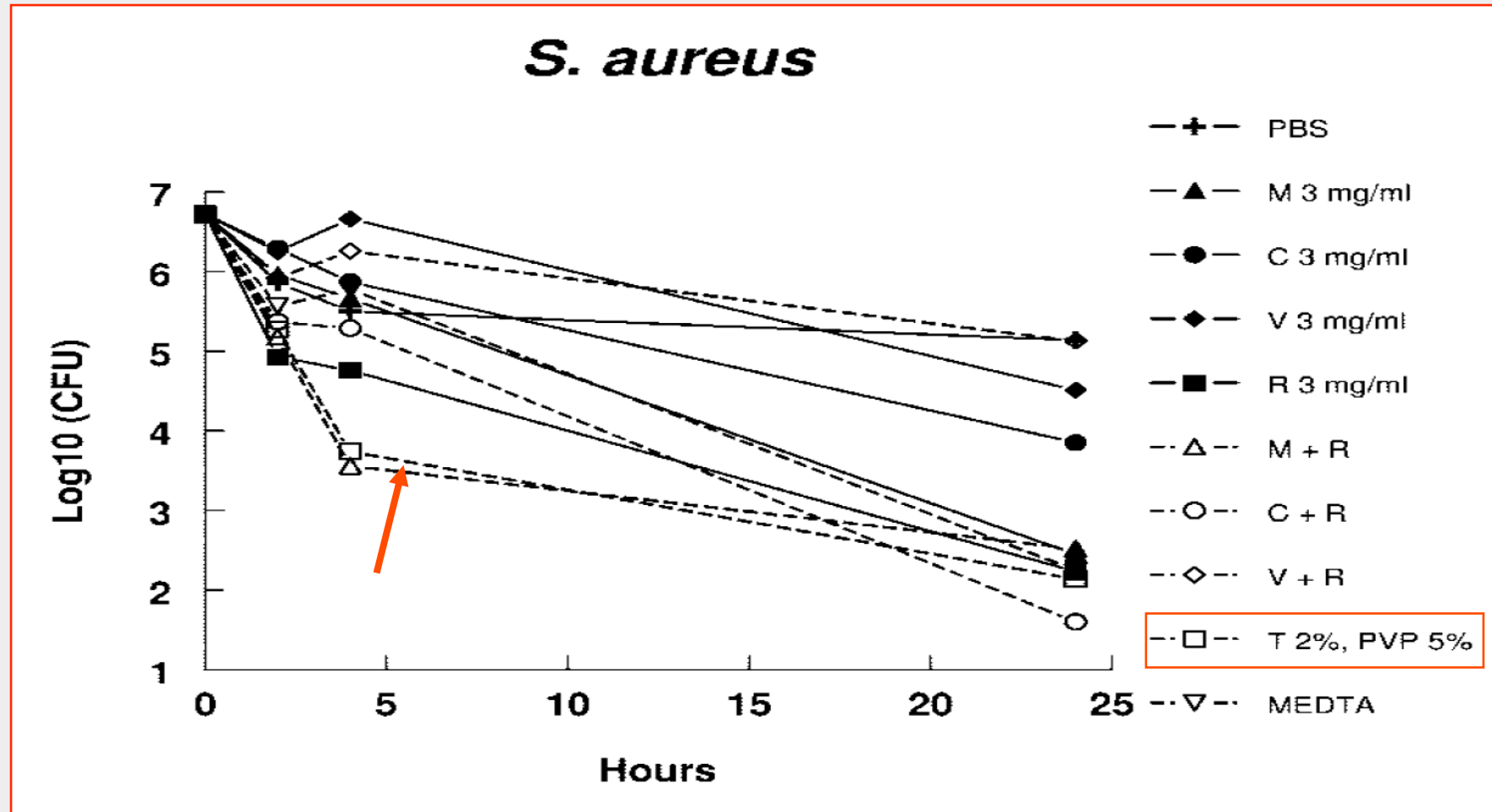
Taurolidine : le rationnel

- action antimicrobienne sans résistance bactérienne ou fongique connue, et sans risque de sélection
- action connue de dissolution des thrombi en cas de DIVLD occlus
- action démontrée de dissolution du biofilm de polysaccharides des staphylocoques qui reste inaccessible aux antibiotiques

Taurolidine : les données disponibles

- Données expérimentales
 - Activité antimicrobienne de la taurolidine sur la majorité des bactéries Gram + et – et des levures
 - Efficacité pour des concentrations de 250 à 2000 $\mu\text{g/mL}$
- Données cliniques
 - Hémodialyse
 - Nutrition parentérale de longue durée
 - Oncologie et cancérologie

Efficacité in vitro des différents verrous



Taurolidine : les données disponibles

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Verrou taurolidine

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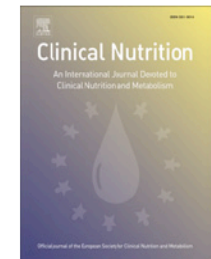
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Original Article

Taurolidine lock is highly effective in preventing catheter-related bloodstream infections in patients on home parenteral nutrition: A heparin-controlled prospective trial[☆]

Tanya M. Bisseling^a, Martine C. Willems^b, Michelle W. Versleijen^a, Jan C. Hendriks^c,
Renate K. Vissers^a, Geert J. Wanten^{a,*}

^a Department of Gastroenterology and Hepatology, Radboud University Nijmegen Medical Centre, PO BOX 9101, 6500 HB Nijmegen, The Netherlands

^b Department of Vascular Surgery, Radboud University Nijmegen Medical Centre, Nijmegen, The Netherlands

^c Department of Epidemiology and Biostatistics, Radboud University Nijmegen Medical Centre, Nijmegen, The Netherlands

Verrou taurolidine

		Heparin (n = 14)	Taurolidine (n = 16)	P
Female (n)		10 (71%)	12 (75%)	0.92
Age (yrs (SD))		48·6 (15.9)	55·3 (13·2)	0.75
Cause of intestinal failure (n)	Motility disorder	5 (36%)	5 (31%)	0.84
	High output stoma	1 (7%)	1 (6%)	0.93
	Short bowel syndrome	5 (36%)	6 (38%)	0.94
	Other	3 (21%)	4(25%)	0.86
Type of access	Hickman	8 (57%)	11 (69%)	0.70
	Port-a-cath	6 (43%)	5 (31%)	0.62
New device at start of study		6 (43%)	6 (38%)	0.82
Microorganism causing CRBSI at time of inclusion	Staphylococcus sp.	7 (50%)	9 (56%)	0.83
	<i>epidermidis</i>	5 (36%)	7 (44%)	0.74
	<i>lugdunensis</i>	1 (7%)	1 (6%)	0.93
	<i>aureus</i>	1 (7%)	1 (6%)	0.93
	Other Gram-positives	4 (29%)	2 (13%)	0.36
	Gram-negatives	3 (21%)	4 (25%)	0.86
Other		0	1 (6%)	0.53

Patient characteristics in number (percentage), except for age; mean (SEM),. CRBSI = catheter-related bloodstream infection.

Verrou taurolidine

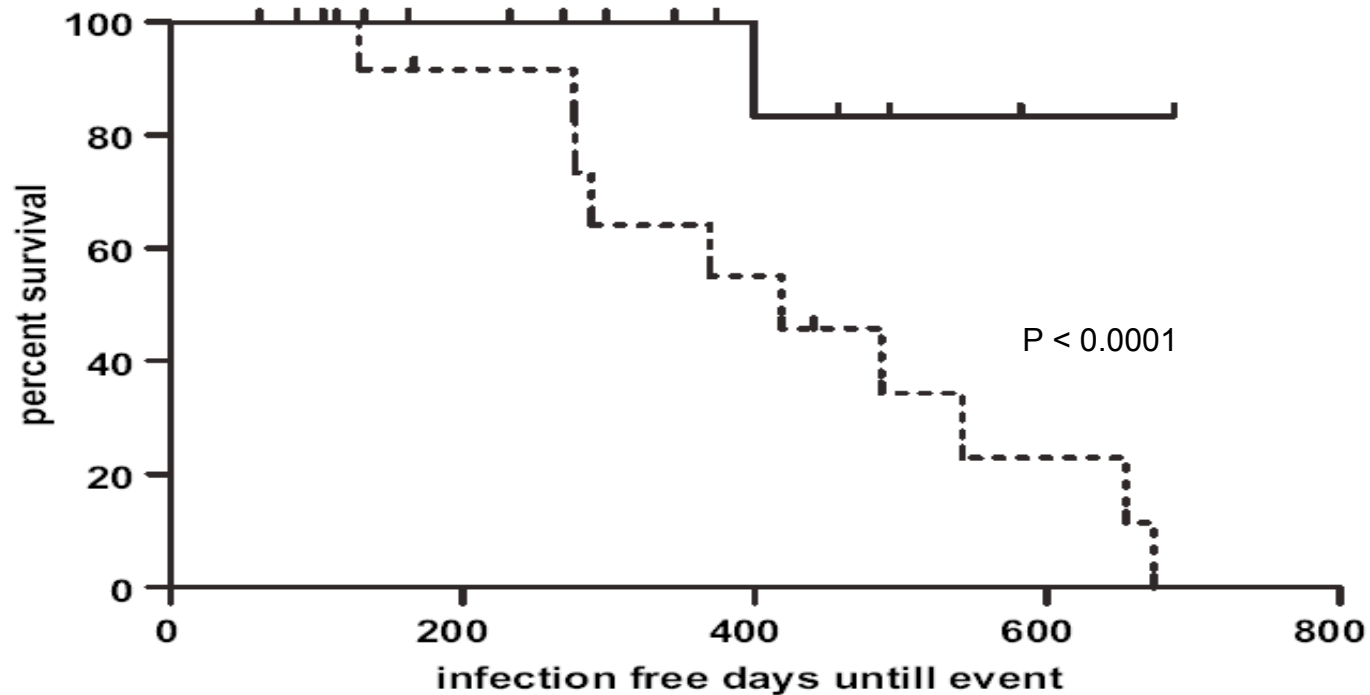


Fig. 2. Kaplan Meier survival curve presenting number of infection-free days until event with taurolidin catheter lock (continuous line) versus heparin catheter lock (interrupted line).

Etude randomisée en double aveugle en cours. PHRC National

Infections liées à la V.V.C

Les questions en suspens

- Staph doré ⇒ intérêt de l'écho cardiaque systématique ?
- Staph coag négatif ⇒ peut-on ne pas traiter si réponse immédiate à l'ablation de la V.V.C. chez un sujet sans facteurs de risque ?
- Verrou AB : intérêt réel et durée optimale en association avec l'antibiothérapie systémique ?
- Quelle est la meilleure stratégie chez les malades avec Hémoc centrale positive et Hémoc périphérique négative ?
- Durée optimale du traitement AB si la V.V.C est retirée ?
- Intérêt des hémocultures de contrôle systématiques à la fin du ttt AB systémique ?

